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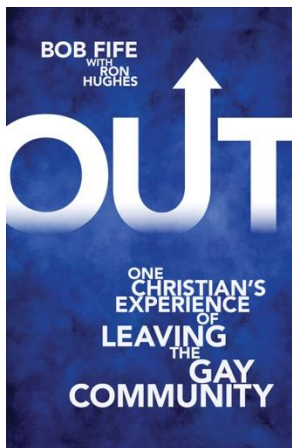


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PRESS RELEASE

One Christian's experience leaving the gay community

Bob Fife shares his story of grace and redemption through Christ



Seattle: When molested as a child by an older boy he trusted, **Bob Fife** had no idea how his life trajectory would be altered drastically by the event. Something happened in his heart that night, launching Fife on a quest for acceptance, security and masculinity. **Out: One Christian's Experience of Leaving the Gay Community** (Kregel Publications/October 27, 2016/ISBN 978-0-8254-4440-1/\$15.99) is the vivid story of Fife's descent into homosexual practices — and his courageous fight to climb out again.

Fife takes readers through the turmoil and confusion of his teen years, to his marriage and fatherhood, then his discovery and immersion into the flamboyant Toronto gay scene. *Out* exposes the gritty process of abandoning his young family to fulfill his same-sex desires. With no responsibilities tying him down, Fife would spend more than a decade traveling around the globe in pursuit of worldly pleasures.

It wasn't until an unexpected visit from his college-aged son that Fife began to confront the consequences of his indulgences. Faced with the reality of what his reckless abandon had cost him, he realized his lifestyle was not only unsatisfying, but it was slowly killing him — spiritually, if not physically — and he started to seek change.

Fife found help, hope and support when he reconnected with the church. Through his involvement in a local congregation and a program run by a ministry reaching out to those in the gay community, Fife began to learn how to allow the Holy Spirit to make lasting changes in the way he thought, spoke and acted.

"I offer this book not as a blueprint for everyone whose life shares some of the same challenges, temptations or weaknesses as mine," says Fife, "but as a bold declaration that when God is welcomed in, anything can happen. I have seen God work in totally unexpected ways in the lives of those who surrender the broken pieces to him."

For those who want a way to deal with, not celebrate, their same-sex attractions, *Out* points the way to grace and redemption. Believers who don't struggle with homosexual tendencies will find within the pages of *Out* examples of how to reach out to those who do — without judgment, stigma or unrealistic expectations.

Fife has been out of his gay lifestyle for more than twenty years. Today he devotes his time to mentoring other men and women who are seeking ways to confront their homosexual temptations. "I'd like my story to stand as a testimony to God's unfailing love and grace in the face of sin and rebellion," Fife shares. "I trust that it will serve to start conversations and open the hearts of all who read it."

Learn more about *Out* and Bob Fife at www.BobsExperience.com or www.kregel.com.



About the Authors

Bob Fife was raised in a small Ontario town by a Christian mother and an unbelieving father. The tensions made for a dysfunctional home and an uneasy life. But nothing prepared Fife for being sexually molested by an older boy he trusted — or what happened in his heart afterward. Fife's book, *Out*, is the story of his descent into homosexual practices and out again.

Fife is an Ontario-businessman and has been out of the gay lifestyle for more than twenty years. Now reconnected with the church, he hopes his story points a way to grace and redemption. Today he devotes his time to mentoring men and women who are looking for alternative ways to deal with same-sex attraction.

Ron Hughes' writing career began with a Canadian radio documentary. Since then, he has written more than two million words in both the business and creative fields. Hughes now serves as president of FBH International.

Suggested Interview Questions

- You share some very personal and difficult details about your life in *Out*. What moved you to write this book?
- Can you share about your family situation growing up? What was your relationship like with your father?
- Though you didn't recognize it as such at the time, you were molested by your sister's boyfriend when you were a child. What role did that experience play in you later identifying as gay?
- Did your experience growing up in church have any effect on your choices to enter — and eventually leave — the homosexual lifestyle?
- You met your wife, Audrey, in a Bible study group. What attracted you to her and what changed your relationship after you got married? What was the catalyst for you leaving the gay community?
- How was your "exit" after your son's visit to Toronto different than your attempts to do so previously?
- How did your relationship with God enable you to make such a drastic change?
- What was the difference between making lifestyle changes under your own power versus through the power of the Holy Spirit?
- Other than the Lord, what was the biggest factor in your successful life change?
- According to your accounts, much of the homosexual mindset is wrapped around the idea of identity. How has your concept or definition of "identity" changed through this process?
- What advice would you give to someone struggling with homosexual temptations?
- What would you say to the individual who is as immersed in the gay culture and lifestyle as you were and who wants to get out? What resources are available to him or her?
- How can the church reach out to those in the homosexual community?

To request a review copy of *Out*, to schedule an interview with Bob Fife or for more information, please contact Audra Jennings, audra@lifusegroup.com.